

User manual
2015-03-10

Molly Heel Protection
Relief of heels

Article no user manual: 95-001104



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IMPORTANT SAFETY PRECAUTIONS

Read all instructions prior to use

WARNING!

- Molly is an aid and needs daily control and inspection.
- Molly is available in different sizes and carefully choosing the right size is very important.
- We always recommend the use of gauze bandage between Molly and the skin.
- Molly is to be fastened loosely around the leg and shall always be able to rotate.
- In contact with fire sources and warm surfaces, such as open fire, a burning cigarette or a warm lamp, the product can be damaged and the function can be impaired.

1 Introduction



Always read the user manual prior to use.

1.1 General information

This product is a medical device in accordance to MDD 93/42/EEC. According to statutory regulations made by the authorities regarding medical devices, the manufacturer is required to report all accidents or incidents involving these products. We would be very grateful for all information involving accidents or incidents relating to our products, by reporting them immediately to us, here at Care of Sweden.

1.2 Intended use

This product is a heel protection, designed to relieve heels.

It is easy to use and gives high comfort when treating and preventing heel wounds. Moving the leg and making position changes is still possible when using Molly Heel Protection, which helps to improve blood circulation and the healing process. This product can also be used to prevent crossing the legs after hip surgery.

1.3 Product description

The product has a core of visco-elastic foam and a hygiene cover. The cover is liquid resistant yet vapour permeable, and is removable and washable.

Core: 100% visco-elastic foam (so called memory foam)

Cover: Polyurethane covered polyester

Meets the applicable parts of the following standards: SS 876 00 01, SS 876 00 02, SS 876 00 04, SS-EN ISO 12182, SS-EN ISO 14971, SS-EN ISO 10993-1, SS-EN ISO 12952, EN 14126.

Warranty: 1 year

1.4 Other information

Action plan Pressure ulcers

To achieve the best possible result for this product it is recommended that a well-planned and well-structured working environment be used. In our guideline "Action plan" you will find examples which can be applied and put into practice when using our products.

Mattress guide

This practical guide gives you as a care giver, help in choosing the correct mattress from the Care of Sweden range. This information can be found on our website www.careofsweden.com or you can order a copy from our Customer services by sending your details to info@careofsweden.se.

1.5 Unpacking

Start with making sure the package is undamaged. If any damages are found, contact the supplier before using the product.

2 Size fitting and usage

NOTE!

Molly is available in different sizes. Choosing the correct size is very important for the function of the product.

- Place a heel protection size M on the leg. Always use a gauze bandage between Molly and the skin.
- Molly is produced from visco-elastic foam, which means it will take about 15-20 minutes until the foam has adjusted to the load and it is possible to decide if it is the correct size.
- Check the distance between the heel and the mattress, this should be approximately 2 cm.
- If the distance is more than 2 cm, change to size S. If the distance is less than 2 cm, change to size L.

It is also possible to measure the user's leg to decide the correct size.

Leg length: 78,0 - 85,0 cm -- size SMALL

Leg length: 86,0 - 94,5 cm -- size MEDIUM

Leg length: 102,0 - 103,0 cm -- size LARGE

The leg length here is the distance between the anterior iliac crest (spina iliaca anterior superior) to the inner malleoli (medial malleoli).

USAGE

- When the user lies on the side, Molly shall be rotated so that the opening is facing the mattress, in order for the height to be correct.
- When preventing crossing the legs, Molly shall be placed on the healthy leg.

IMPORTANT!

Molly is to be fastened loosely around the leg; it must be able to rotate. We always recommend the use of gauze bandage between Molly and the skin.

3 Cleaning

It is important to follow the instructions below before using the product for another user. Consult the hygiene responsible or the supplier for help and instructions when unsure.

HYGIEN COVER



Covers can be wiped off with a mild cleaning solution for this purpose such as: alcohol with or without tensides, Isopropanol 70 %, oxidating solutions or chlorine max 1 %.

Excrements and blood spots must be removed immediately with cold water. Carefully follow local instructions and usage instructions for the cleaner.



The cover can be machine washed in max 95 °C, tumbled or hanged dry.



Chlorine and phenol-based cleaners could have a negative impact on the PU surface and should be avoided. If chlorine is used, we recommend a mixture of max 1%.

FOAM CORE



Clean the affected area with a mild cleaning solution for this purpose such as: alcohol with or without tensides, Isopropanol 70 %, oxidating solutions or chlorine max 1 %.

Press out the water carefully. Let the foam core dry in a warm, ventilated area, without direct exposure of sunlight. The foam core needs to be completely dry before it is used again.

NOTE!

Check the hygiene cover each time the product is cleaned. If damaged, it must be replaced or repaired.

4 Other information

4.1 Storage

Always store at room temperature in a dry area. Make sure the product is stored where it will not be exposed to thrusts, hits or other things that can damage it. Avoid direct exposure of sunlight.

4.2 Labelling

The product is labelled with product name, production date, article number, size, EAN-bar code, care and wash instructions, as well as space for own labelling.

4.3 Warranty

This product has a 1 year warranty. The guarantee is valid for production errors. The guarantee is not valid for normal wear or deterioration of the product or damages that occur because of careless handling or care of the product.

4.4 Service and maintenance

The product needs no other service or maintenance than cleaning as described in this user manual.

4.5 Life expectancy

This product's expected life is estimated to be 2 years.

4.6 Recycling

All bed products are fully recyclable and should be recycled as "combustible waste". No dismantling needed.

4.7 Returns and complaints

Complaints are to be reported to the supplier. Return of a product shall follow the supplier's instructions and can only be done after the complaint has been reported. Damages due to the transport should be reported to the transportation agent.

4.8 Symbol Definitions



Article No



Manufacturer

XXXX-XX-XX

Year-Month-Day



Read the user guide



CE-marked in accordance
with MDD 93/42/ECC



Recycling



Machine wash at 95 °C



Chlorine



Tumble dry



Drip dry



Do not iron



Do not dry clean



Wipe off



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